Dear 4-H Families,

If you have questions or need information about the 4-H Youth Development Program, contact Jim O’Neill at the UCCE Office at 707-253-4146 or email (see below).

The UCCE/4-H Office will be closed Tuesday, July 4, 2017 to celebrate Independence Day Holiday.

James A. O’Neill, Manager
4-H Youth Development Program
University of California Cooperative Extension – Napa County
Email: Jim.ONEILL@countyofnapa.org or jaoneill@ucanr.edu
Announcements

Napa County 4-H Council Meeting

The Napa County 4-H Council Board Meeting (Executive Session) will be held on Tuesday, July 11, 2017 at 7:00 p.m. at UCCE/4-H Meeting Room following.

Expansion & Review (E&R) Committee

The Napa County 4-H Council will be holding their quarterly Expansion & Review (E&R) Committee Meetings starting Tuesday, July 11, 2017 at 6:00 p.m. It is the function of the committee to help expand the 4-H Youth Development Program opportunities for youth, adults, and families to help strengthen approaches to the delivery and to add quality to the educational process.

Countywide Leadership/All Star Project Meeting

There are no meetings until the fall 2017.

Countywide Dance Project Meetings

The Countywide Dance Project invites all 4-H members to participate in this project. The meetings are held on Saturdays at the Academy of Danse. Please contact Emily Blackseth at emilyblackseth@me.com or 510-499-8700 for specific dates and times.

P.S. The Countywide Dance will perform at the California State Fair on Friday, July 14, 2017 at 12:00 p.m. at the PG&E Center at the Expo Fairgrounds, Sacramento. In addition, they will perform at the NT&CF on Thursday, August, 10, 2017 starting at 2:30 p.m. on the Bandstand Stage. Congratulations!

Countywide Robotics Project Meetings

There are no meetings until the fall 2017.
2016/2017 Countywide Projects

<table>
<thead>
<tr>
<th>Name of Project</th>
<th>Leader(s) Name</th>
<th>Telephone #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp (Week I)</td>
<td>Tammy Hill</td>
<td>707-815-4002</td>
</tr>
<tr>
<td>Camp (Week II)</td>
<td>Kerri Abreu</td>
<td>707-942-6720</td>
</tr>
<tr>
<td>Poultry</td>
<td>Sherry Paukert</td>
<td>707-280-1402</td>
</tr>
<tr>
<td>Goats</td>
<td>Darlene Young</td>
<td>707-318-6218</td>
</tr>
<tr>
<td>Rabbits</td>
<td>Jenae’ Newnom</td>
<td>707-320-3486</td>
</tr>
<tr>
<td>Canine Guardians Assistance Dogs – Rochelle Heskett</td>
<td></td>
<td>707-363-0773</td>
</tr>
<tr>
<td>Dance</td>
<td>Emily Blackseth</td>
<td>707-255-5576 or 510-499-8700</td>
</tr>
<tr>
<td>Leadership/All-Star (Ages 11-19)</td>
<td>Jody Brady</td>
<td>707-255-2552</td>
</tr>
<tr>
<td>Robotics</td>
<td>Maria Thomason</td>
<td>707-255-2907</td>
</tr>
</tbody>
</table>

The Napa County 4-H Council requires members to be enrolled and active in a 4-H club within Napa County before enrolling in a Countywide Project(s). The projects are open to all members on a first come basis.

4-H Shooting Sports Training

The State 4-H Office has announced the following Shooting Sports Leader Training hosted by Kern County 4-H Council. To register, please complete the “California 4-H Shooting Sports Training Request and Registration Form,” available at: [http://4h.ucanr.edu/files/4785.pdf](http://4h.ucanr.edu/files/4785.pdf), Adult or Youth Medical Release Form. For additional information contact John Borba at jaborba@ucanr.edu.

- Rifle – TBA
- Archery – TBA
- Pistol – TBA
- Shotgun – TBA
- Muzzle Loading – TBA

Animal News

Countywide Rabbit Project Meeting

The Countywide Rabbit Project Meetings will meet each month at 1:00 p.m. at the UCCE/4-H Meeting Room. The next meeting is on Sunday, June 11, 2017. Please contact Jenae’ Newnom at 707-320-3486 for additional information.
Countywide Goat Project Meeting

The Countywide Goat Project will meet the third Monday of each month (except November, December, July, and August) at 6:00 p.m. at the UCCE/4-H Meeting Room. The next meeting is on Monday, September 18, 2017. Please contact Darlene Young at 707-318-6218 for additional information.

Countywide Canine Guardians Assistance Dogs Project Meeting

Call Rochelle Heskett at 707-363-0773 or rochelleheskett@att.net for additional information.

Countywide Poultry Project Meeting

The Countywide Poultry Project will meet the third Tuesday of each month (except September, December, July, and August) at 7:00 p.m. at the Vintage High School Farm’s Classroom. The next meeting is on Tuesday, October 17, 2017. Please contact Sherry Paukert at 707-280-1402 for additional information.

Mandatory NT&CF Work Day

The JLAC has announced a Mandatory NT&CF Work Day for Saturday, July 29, 2017 starting at 9:00 a.m. Grab your broom, rake, shovel, dustpan, wheelbarrow, gloves, etc. and help make the barn area, pens, and cages sparkle in time for the fair. There will be a “Check-in and Check-out.” In addition, there will be the “Trailer Spot Job Sign-up List” available on this day so you can pick your shift to meet the trailer spot requirements.

4-H Camp News

2017 Summer Camp Dates

- Camp Week II @ Las Posadas 4-H Camp – Sunday, July 16 to Friday, July 21, 2017
- Camp Week II Wrap-up Meeting – Tuesday, August 1, 2017
Camp Sweatshirts

Camp Sweatshirts (hoodie or crew) are available from Specialtees, Etc. All sweatshirts will be delivered to camp and will be available when you arrive. Call 707-255-0261 or email your order to specialteesetc@aol.com. Both hoodie and crew come in black, white, or ash color. For an additional $2.00 you can have your name on the sleeve. The sizes are small, medium, large, x-large, xx-large, and above. The cost varies from $24.00 to $30.00 depending on size, color, or with name.

Citizenship Washington Focus and Leadership Washington Focus

The registration for Citizenship Washington Focus and Leadership Washington Focus 2018 is now open! See the following website for additional information and registration:

CWF: http://4-h.org/parents/citizenship-washington-focus/#egister-for-cwf.

LWF: http://4-h.org/parents/leadership-washington-focus/#egister-for-lwf.

Bay/Coast Area News

The Bay Coast Area Director has announced the Citizenship Weekend 2017 will take place at Walden West Science Center, 15555 Sanborn Road, Saratoga, CA from Friday, September 22 to Sunday, September 24, 2017. Contact Barbara Butko at barb.butko@gmail.com for registration and additional information.

In additional to the Citizenship Weekend there will be “The 4-H Games” on Saturday, September 30, 2017 and “ABC Share” both from 10:00 a.m. to 3:00 p.m. at the Monterey Fairgrounds. Contact Trent Baldwin at tbaldwin4h@gmail.com for registration and additional information.

P.S. Shelby Thomason, Monticello 4-H Club, serves as a youth member or the Bay/Coast Area.

State Management Board News

The State Management Board is organizing new conferences, transitioning from prior sectional conferences (WHY, TIC, CAL, and LCORT) for youth 11-13 years of age. The Ba/Coast Area “Conference Staff” are excited to plan a new dynamic conference for Winter 2018!

P.S. Payton Yeo, Valley Ranchers 4-H Club, serves as a youth member on the State Management Board.
Kiwanis Club Breakfast Meeting

Two youth staffers from Camp Week I (Haley Veveiros and Zane Yoakum) and Camp Week I Director (Tammy Hill) pose with Anne Schramm, President, of the Kiwanis Club after giving a presentation on 4-H Camp Week I and its leadership program. Congratulations!
Exhibitions versus Competition

| to display something for public inspection | a contest between rivals |

Fair season is here! And while the UC 4-H program is a distinct entity from the fair, 4-H youth are preparing to showcase a variety of “things made, raised, grown, or improved.” Fairs provide a ready venue to exhibit things made or raised and receive feedback from experts. Providing venues for youth to exhibit the product of their work and receive feedback can support youth in assessing their learning and set future goals and direction. Exhibition may help support a growth mindset, a belief that intelligence, abilities and personality can grow with effort and persistence. An emphasis on growth mindset is one reason many 4-H events use a criterion-based system where youth are evaluated against a set standard rather than against one another.

Sometimes, the balance tilts, and youth (and parents) focus on the competitive aspects of events. In this, youth are seeking an extrinsic reward – 1st place – and trying to “win at all costs” serves counterproductive purposes: promoting performance goals (over learning goals), reducing self-esteem, and limiting the development of healthy relationships. This can reinforce a fixed mindset, a belief that talents and skills are mainly inherited, static, and can’t change much.

Looking at the literature, over 1,200 research studies have been conducted comparing cooperative, competitive, and individualist work (Johnson & Johnson, 2009). In comparison with competitive or individually-oriented tasks, people in cooperative tasks often experience higher intrinsic motivation, use more creative thinking, have more positive attitudes towards the task, promote greater social capital, and increase general psychological health.

As your 4-H youth begin to show at the fair this summer, please remember to help them (and their parents) to focus on learning and growing from their exhibition, with competition as one method to assess one’s skills. Help youth use evaluators/judge’s feedback to help learn, improve, and grow. Praise youth when they show effort, try alternate strategies, or seek help.